



# KINGS CORMORANTS REVIEW OF 2016

## JAN - MAR

- Winter Swimming World Championships, Siberia 2016 -three golds and one silver for Ellery McGowan, and Jim Boucher placing 8th 6th 7th & 6th.
- February Fitness Challenge -Christine Goodair swam on all 28 days covering a distance of 72,555 yards - 41.2miles!
- Record Breaker Jane Asher, in her new age group 85-89, years took the Wales National Masters Open Meet in Swansea 2106 by storm. Breaking up to 18 records in two swims!

## APR - JUNE

- Jane breaks numerous records at Guernsey followed by Geoff setting a new 50m Breaststroke - British record in his new age group of 80-85 years, and the mixed 320+ Free 4X50m of Elizabeth Savidge, Frank Taylor, Geoff Bishop, Jane Asher took the British Record, and then the Ladies 280+ Freestyle Relay team 4x50m, Anna Page, Elizabeth Savidge, Penny Webster & Jane Asher set a new Bristish record in a time of 2.35.60.To round off the weekend Jane won the Top Lady Award to a standing ovation, and the club won the John Eyre Award for Top Visiting Club.
- Jane was awarded five medals for her 800m race in Sheffield in early April because she broke the British record at 50m,the European, & British records at 100m and World for 200m 400m and 800m. This was followed by the World Record in 50 fly, breaking it by 10secs!
- In May 32 swimmers from Kings Cormorants London Europeans descended on the 2012 Olympic venue for the European Masters Swimming Championships to race against swimmers from 48 European nations, winning a total of 9 medals, (6 Gold, 1 Silver and 2 Bronze). Several swimmers achieved personal best times, and some finished in the top eight of their age group
- Dorothy Williams our oldest member and oldest British swimmer won Gold in the 90-94 Years age group for her 50m Backstroke event in 1:11.05. Jane also lowered her own world marker, in the 400m freestyle taking a second off her touched in 7:10.67, taking a second off her own 85-89 Years best of 7:11.71 from this year's British Championships in Sheffield.
- River Hamble Games - Well done to Terry Wright who competed in the 500m open water swim- 2nd in the veteran 40+ age group.

## JULY-SEPT

- Utku Yurday swims across the Bosphorus - 362 women and 1173 male swimmers competed. Utku said about the swim "All good, finished in 1:06.34, which puts me 33rd out of 209 in the 40-44 age group for men".
- 320-359 LC Mixed Medley Relay new British Record set at Aldershot Elizabeth Savidge, Geoff Bishop, Jane Asher & Frank Taylor -3:35.65
- WORLD RECORD 85 - 89 years age group. Jane Asher 800 free. 14.24.83. taking 2 mins off previous world record at Jersey Meet.
- Congratulations to Jamie Asher and Miguel Ortizwho successfully completed the Dart 10K .
- GB Team Qualifying time for Karen Fenner who won her age group, 50-54 at the British Triathlon Championships held in Liverpool on the 14th August.

## OCT-DEC

- Success for Elizabeth Savidge and Amanda Doyle at the ASA Nationals, 28-30 Oct. Silver and Bronze for Amanda, Gold and Bronze for Elizabeth.
- More congratulations to Jane Asher who beat her own World Record from earlier this year in the 400m Freestyle at the Luxembourg Oldies Meet 2016 in a time of 7.03.60, cutting 7s off her previous record. Jane was also won the "Nageuse la plus ancienne" 2016 cup.
- Awards:Christine Goodair London Swimming Long Service Silver Award for her contribution to aquatics in London region; Ann van Buekelen was awarded The Mayor's of Kingston Trophy - in recognition of her services over the last 40 years to Kingston Royals Swimming Club.
- Annual ASA Aquatics Awards 2016- the 'ASA Performance Athlete of the Year Award -Masters' -that recognises outstanding results on the national or international stage during the last 12 months, and is an ambassador for the sport was given to Jane at a ceremony held at Birmingham University.
- The ASA T-30 Challenge 2016 Jane Asher took first place overall with a record-breaking swim of 1520m in in the 85-89 age group. Other successes were Elizabeth Savidge (70-74) winning her age group, and Nicola Peatfield (30-34) and Amanda Doyle (60-64)coming second in their respective age groups. Team entries - our women's 160-199 team (Nicola, Janice, Karen, and Amy won their age group with the 240-279 team (Elizabeth, Jane, Amanda, and Susanna) coming 2nd in theirs