

General Information about Masters swimming

On the ASA site at

<http://www.britishswimming.org/vsite/vcontent/page/custom/0,8510,5157-181909-199127-42392-268537-custom-item,00.html>

To compete you need to be a member of a club and registered with the ASA as a competitive swimmer.

For some advice on competing and take a look at Kings Cormorants Website <http://www.kcswimmingclub.org.uk/training.htm> where there are training schedules which you are welcome to download.

List of Masters Clubs in London

Central London

Otter Swimming Club, Central London - <http://www.otterswimming.com/>

Out to Swim, primarily for gay and lesbian community - <http://www.ots-comms.org/OTS/>

Y Swim, a small but enthusiastic Masters swimming club based at the London Central YMCA - <http://www.yswim.org.uk/>

East London

Bethnal Green Sharks has a masters group - <http://www.bgssc.co.uk/Club%20Structure.htm>

Clissold SC, Hackney, Shoreditch and Stoke Newington - <http://www.clissoldswimmingclub.org.uk/masters>

Romford Town SC - <http://romfordtownsc.com/HTML/club%20history.html>

Tower Hamlets Swim Club St Georges Pool, The Highway,[near Shadwell DLR/tube]
Mon and Thurs. 7.00pm to 8.30 3- 4 lanes of varying ability,Scheduled programmes from 7.30:Contact: Rob 07903 016910

North London

Edmonton Phoenix Club – has a masters section - <http://www.edmontonphoenix.co.uk/first.html>

Griffins Swimming Club Masters, Enfield -
<http://www.griffinssc.co.uk/sections/masters.htm>

North West London

Barnet Copthall, Hendon - <http://www.upthebeavers.com/>

Camden Swiss Cottage, Hampstead -
<http://www.camdenswisscottage.co.uk/v/masters>

Harrow - <http://www.harrowswim.org/masters.html>

South East London

Beckenham SC (Kathy Hook 020 8325 7989) has a Masters section -
k.hook1@ntlworld.com

Bromley SC (Anne Qualters 020 8289 6444) has a Masters section -
aqualters@btopenworld.com

Erith & District has a Masters section - info@edsc.org.uk

Greenwich Borough Mariners (020 8293 9372) has Masters swimmers
jane.derome@btinternet.com

Saxon Crown SC, Lewisham, has a Masters section –contact Laurie Hanlon,
Membership Secretary membership@saxoncrown.org.uk phone 07951 958577

South West London

Croydon Amphibians SC - <http://croydonamphibians.com/masters.htm>

King's Cormorants SC, Wimbledon - <http://www.kcswimmingclub.org.uk/>

Kingston Royals - <http://www.kingstonroyals.co.uk/members/Masters.htm>

South London SC, Tooting Bec Lido open water! - <http://www.slsc.org.uk/>

Spencer Swim Team - <http://www.spencerswimteam.co.uk/index.html>

Wandsworth SC - <http://www.wandsworthsc.com/senior.htm>

West London

Acton SC - http://www.actonswimmingclub.org.uk/masters_swimming_london.html

Ealing SC - <http://www.ealingmasters.co.uk/>

Teddington SC - <http://www.teddington-swimclub.co.uk/masters.aspx>

Penguin Swimming and Water Polo Club, Fulham/Hammersmith
<http://www.londonpenguin.com/>

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